



# JANUARY

Su	Mo	Tu	We	Th	Fr	Sa
		01 New Years Day	02	03 HOLIDAY Open Gym 1-3:00pm	04	05 Classes start back up
GRG CLOSED for HOLIDAY						
06 	07 Munch-n-Move 12-2pm	08 GRG Babies (FREE) 11-11:45am	09 Drop-In Tumbling Class. \$10/ea. 7-8pm.	10 Munch-n-Move 12-2pm Open Gym 1-2:30pm	11 PreK Playtime 11am-12pm	12 Open Gym 1-3pm
13	14 Munch-n-Move 12-2pm	15 GRG Babies (FREE) 11-11:45am	16 Drop-In Tumbling Class. \$10/ea. 7-8pm.	17 Munch-n-Move 12-2pm Open Gym 1-2:30pm	18 PreK Playtime 11am-12pm	19 Open Gym 1-3pm Parents Night Out 6-9pm
20 	21 Munch-n-Move 12-2pm Schools Out Open Gym 1-3pm	22 GRG Babies (FREE) 11-11:45am	23 Drop-In Tumbling Class. \$10/ea. 7-8pm.	24 Munch-n-Move 12-2pm Open Gym 1-2:30pm	25 PreK Playtime 11am-12pm NOTM Open Competition Night 6-7:30pm	26 Open Gym 1-3pm
27 TUMBLING CLINIC 3:30-5:30pm	28 Munch-n-Move 12-2pm	29 GRG Babies (FREE) 11-11:45am	30 Drop-In Tumbling Class. \$10/ea. 7-8pm.	31 Munch-n-Move 12-2pm Open Gym 1-2:30pm		

### GRG BABIES

How can a baby do gymnastics? Pre-crawlers and Pre-walkers can enjoy FUN tummy time, sensory exposure, and varying movements. Babies learn through PLAY. Come PLAY for FREE at GRG and help your child grow. Every Tuesday at 11am.

### MUNCH-N-MOVE

EVERY Monday and Thursday pack your child's lunch and bring them to GRG for safe, fun, organized activities and gymnastics. PARENTS NEED NOT STAY! No preregistration required. Peanut Free. Ages 3 and up. Must be potty trained. \$10/members. \$12/non-members

**GRG**  
The place to be!

### DROP-IN TUMBLING CLASS

EVERY WEDNESDAY join GRG's experienced coaches for a tumbling class to get that extra training and improve your tumbling skills. Work on what you'd like to achieve. Need to work on that back handspring, aerial, or back tuck? We are here to help direct you. Just \$10/class. Sign-in when you get here. No need to pre-register.

### PARENTS NIGHT OUT

Your kids will have a BLAST jumping on trampolines, playing games, and practicing their gymnastic and ninja skills. All under the supervision of our FANTASTIC GRG Coaches. 6-9pm. \$15/child-members. \$18/non-members

GRGymnastics.com or call 616.975.2992

\*\*1601 Galbraith Ave, STE 301. Grand Rapids, MI 49546 (Off Cascade Rd across from Watermark Country Club)\*\*