



STARS Team

Would You Like to Be a Part of our Recreational STARS Team?

The STARS program is a recreational team program for participants in the GymStar Program. The STARS TEAM will have the opportunity to represent GRG in the Competitive/Performance arena.

WHO CAN PARTICIPATE?

Any gymnast currently enrolled in a GymStar 2-3 or our GRG Varsity Program.

HOW DOES IT WORK?

- Participating athletes will need to sign up for a once/week “STARS TEAM” practice in addition to their current GRG Class.
- Gymnasts will be taught USA Gymnastics compulsory routines on all 4 events depending on skill level.
- Competitions will be scheduled throughout the Winter and into Spring (up to 4 meets). The first meet of each season will be at DeVos Place for Gymnastics on the Grand hosted by GRG the first weekend of December.

WHAT ABOUT A UNIFORM?

Team STARS members will need a special team leotard. It is to be worn at the competitions and performances, but can also be worn at practice or in class. Warm-up Jackets and Bags will be purchased as well.



WHAT TIMES WILL THEY PRACTICE?

- STARS TEAM practice on Saturdays from 11-1pm.
- All team members are then welcome to stay for open gym at 1/2 price (\$4) from 1-3pm.

WHAT IS THE COST?

- \$55/mo plus their Recreational Class tuition.
- Additional Entry Fees to competitions will also come up. Entry fees are determined by the host gym. The fees charged will include individual participation fee for your child plus your share of team fee and coaching fee.
- Participation in the “meets” is NOT mandatory. All meets will be signed up for in advance based on the deadlines imposed by the host gyms.

HOW CAN I FIND OUT MORE?

STARS Team is an open enrollment. You can join anytime throughout the year. However, competition eligibility is dependant on coach approval and readiness. Please stop by the front desk with any questions you may have regarding our STARS program. We would be happy to help you any way we can.